

IRONWOOD RESTAURANT

APPETIZERS

FOURSOME PLATTER

Loaded Nachos, chicken wings, perogies, spring rolls, fries. Great for sharing! \$45

NACHOS

Hand cut corn chips topped with all the fixings, bell peppers, onion, tomato, jalapeños, cheese, green onion and garlic aioli drizzle \$24

Half Size \$14

Add Chicken or Beef \$5

WINGS

Served with carrots & celery sticks. Your choice of Greek, Salt & Pepper, Maple Bacon, Dill, Salt & Vinegar, Cajun, Sweet Chili Thai, Honey Garlic, Teriyaki, Lemon Pepper, Mango Habanero, BBQ, Carolina Mustard, Buffalo, or Hot \$18

POUTINE

Crispy fries, mozzarella cheese smothered in gravy \$14

SPRING ROLLS *New*

Fried to a perfect golden crisp and served with plum sauce \$13

DUMPLINGS *New*

Savory pork-filled dumplings, pan fried until golden and served with soy dipping sauce \$12

MINI PEROGIES

Served with bacon, chives & sour cream \$12

POTATO SKINS

Loaded with bacon, cheese & chives. Served with sour cream \$13

POPCORN CHICKEN

Breaded chicken bites served with your choice of dipping sauce or toss them in your favourite wing sauce \$15

VEGGIE PLATE

Cucumbers, carrots, celery, mushrooms, bell peppers, tomato, and a side of ranch \$12

SOUP OF THE DAY

Made fresh in house daily and served with a warm bun \$8

SANDWICHES + WRAPS



BEEF DIP

Shaved beef, crispy onions and garlic aioli on a salted pretzel bun served with au jus \$21

BLT

A classic toasted bacon, lettuce, and tomato sandwich \$15

CLUBHOUSE

Triple decker sandwich with chicken, mayo, lettuce, tomato, bacon, Swiss and cheddar cheese \$21

MONTE CRISTO

Grilled ham, turkey and Swiss on the inside and French toast on the outside. Grilled to perfection \$18

REUBEN

Smoked pastrami, Swiss cheese, sauerkraut, and dijon mustard piled high on toasted rye bread \$19

SOUP + SANDWICH

Choice of ham, roast beef, turkey, egg salad, or tuna salad. Served with our daily soup \$14

CHICKEN CAESAR WRAP

Crispy or grilled chicken, romaine lettuce, croutons, bacon, parmesan and Caesar dressing \$20
MAKE IT SPICY - Add buffalo sauce

BUFFALO CHICKEN WRAP

Crispy or grilled chicken tossed in buffalo sauce with mixed greens and tomato \$20

THAI CHICKEN WRAP

Crispy or grilled chicken tossed in Thai sweet chili sauce with romaine lettuce, green peppers, carrots, celery, and crispy wontons \$20

GREEK PITA WRAP

Marinated chicken, bell pepper, red onion, tomato, cucumber, tzatziki, feta cheese, all served in a warm pita \$19



MEAL SIZED SALADS

TACO SALAD

A crispy tortilla shell bowl filled with taco beef or grilled chicken, fresh mixed greens, bell peppers, tomato, jalapeños, green onion, topped with cheddar cheese. Served with salsa and sour cream \$20

STRAWBERRY SPINACH SALAD

Mixed greens, spinach, strawberries, red onion, dried cranberries, feta, mandarins, candied almonds and raspberry vinaigrette. Served with garlic toast \$18
Half Size \$10

CAESAR SALAD

Romaine, croutons, bacon bits and parmesan and Caesar dressing. Served with garlic toast \$17
Half Size \$10

HOUSE SALAD

Mixed greens, tomato, cucumber, bell pepper and carrots. Served with garlic toast \$15
Half Size \$9

Add your choice of Grilled or Crispy Chicken to any of our Salads + \$5



BURGERS

All our Sandwiches, Wraps, and Burgers are served with your choice of side: Fries / Soup / House Salad

Add an extra \$2.00

Caesar Salad / Yam Fries / Onion Rings / Side of Gravy

Add an extra \$4.00

Poutine / Strawberry Spinach Salad

BACON CHEESE BURGER

6 oz Beef patty, lettuce, tomato, bacon, cheddar cheese, mayo \$19

CHEESE BURGER

6 oz Beef patty, lettuce, tomato, cheddar cheese, and mayo \$17

CHICKEN BURGER

Crispy or grilled chicken, lettuce, tomato, garlic aioli \$19
MAKE IT SPICY - Add buffalo sauce

IRONWOOD BURGER

6 oz Beef patty, Carolina mustard, lettuce, tomato, bacon, cheddar cheese, and a crispy onion ring on a pretzel bun \$21

DUFF BURGER

Two 6 oz Beef patties, cheddar, mozza, bacon, sautéed onion and mushrooms \$24



HOUSE FAVORITES

Gluten Free Options Available, Please Inform Your Server

IRONWOOD FAVOURITES



CHICKEN ALFREDO PENNE

Grilled chicken, tossed in our homemade Alfredo sauce, finished with parmesan cheese. Served with garlic toast \$21

CHICKEN TENDERS

Four juicy chicken tenders served with your choice of side \$19

FISH N CHIPS

8 oz Battered haddock served with crispy fries, tartar sauce and a side of coleslaw \$21

QUESADILLA

Taco beef or grilled chicken, bell pepper, onion, tomato, and cheddar cheese melted in a tortilla, with a side of salsa and sour cream. Served with your choice of side \$20

STEAK SANDWICH

6 oz. AAA sirloin on a slice of garlic toast topped with crispy onions and a garlic aioli drizzle. Served with your choice of side \$24

HOT BEEF SANDWICH

Roast beef served open faced on Texas toast, smothered in gravy. Served with your choice of side \$20

TERIYAKI RICE BOWL

Your choice of grilled chicken or beef, steamed broccoli & mushrooms tossed in teriyaki sauce, served over fluffy rice topped with crispy Spring Roll finished with sesame seeds \$18

SMALL BITES

CHICKEN TENDERS + FRIES

Two juicy chicken tenders served with crispy fries \$11

CHEESE BURGER + FRIES

4 oz Beef patty, mayo, lettuce, and cheddar cheese, served with crispy fries \$12

GRILLED CHEESE + FRIES

Homestyle golden brown grilled cheese served with crispy fries \$10

BASKET OF FRIES \$8

BASKET OF ONION RINGS \$10

BASKET OF YAM FRIES \$10



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ALL DAY BREAKFAST

PAR 3 BREAKFAST

One egg with your choice of one (1) protein (bacon, ham, or sausage) served with side of hashbrowns, your choice of toast \$14

PAR 4 BREAKFAST

Two eggs with your choice of two (2) proteins (bacon, ham, or sausage) served with a side of hashbrowns, your choice of toast \$18

PAR 5 BREAKFAST

Three eggs with bacon, ham, sausage served with a side of hashbrowns, your choice of toast \$21

CLASSIC PANCAKES

Three fluffy pancakes, served with your choice of bacon, ham or sausage \$13

FRENCH TOAST

Three slices of French toast served with choice of bacon, ham or sausage \$14

EGGS BENNY

Two poached eggs to your liking, ham, served on an English muffin, topped with hollandaise sauce. Served with hashbrowns \$19

HAM & CHEESE OMELET

Three egg omelet with ham and cheddar cheese. Served with hashbrowns and choice of toast \$17

DENVER OMELET

Three egg omelet with ham, green pepper, tomato, onion and cheddar cheese. Served with hashbrowns and choice of toast \$18

WESTERN SCRAMBLER

Sausage, eggs, hashbrowns, onion, bell peppers. Mixed together and topped with hollandaise, freshly diced tomato and green onion. Serve with your choice of toast \$19

MEAT LOVERS SCRAMBLER

Sausage, bacon, ham, hashbrowns mixed together and topped with melted cheese, freshly diced tomato and green onions. Served with your choice of toast \$20



BREAKFAST ON THE RUN

BIRDIE ON A BUN

Fried egg, cheddar cheese, mayo, tomato and choice of bacon, ham or sausage served on a warm bun \$8

BREAKFAST SANDWICH

Fried egg, bacon, lettuce, and tomato served on your choice of toast \$7

BREAKFAST WRAP

Two eggs scrambled with cheddar cheese your choice of ham or bacon, wrapped in a flour tortilla \$8
Side of Hashbrowns + \$4

Gluten Free Options Available, Please Inform Your Server