

IRONWOOD RESTAURANT

SINCE 1961
FRESH - FRIENDLY - LOCAL

Breakfast

Birdie on a Bun

Fried egg, cheddar cheese and choice of bacon, ham or sausage. Served in a toasted Kaiser. 5

All Day Par 4

Two eggs your style, your choice of bacon, ham or sausage. Served with hash browns and toast. 10

Albatross Omelet

Three eggs and choice of three of the following: bacon, ham, sausage, onion, peppers, tomato, mushrooms or cheese. Served with hash browns and toast. 11

Add a 4th filling 1.50

Ironwood Scramble

Three eggs scrambled with sausage, tomato, green onion and peppers. Served over breakfast potatoes topped with cheese. Served with toast. 13

Breakfast Wrap

Scrambled eggs, bacon, cheddar cheese, avocado and salsa folded in a flour tortilla. 6

Hash browns 2

Two Eggs & Toast

Two eggs any style and your choice of toast. 5.50

French Toast

3 Slices of thick cut bread, dipped in egg and grilled golden brown. Served with hash browns. 8

Toast & Jam

Choice of white, whole wheat, or marble rye. 2

Side of Hash browns 2

Side of Ham

Thick cut slice 4

Side of Bacon, Ham or Sausage 4

Morning Beverages

Coffee & Hot Chocolate 2.25

Tea

Red Rose, Earl Grey, Apple Cinnamon, Green, Peppermint Lemon & Chamomile 2.25

Fountain Pop & Juice & Milk

Pepsi, Diet Pepsi, 7-Up, Gingerale, Root Beer, Orange Crush, Iced Tea. 3

GST is not included in prices

Soups & Greens

All entrée size salads are served with a garlic toast.

Soup of the Day or Signature Beef Barley

Cup 4 Entree 5

Caesar Salad

Romaine, fresh parmesan, seasoned croutons & black pepper with house-made garlic dressing

Starter 7 Entree 10

Add grilled chicken 5

Mixed Greens

Fresh mixed greens, tomatoes, cucumber slices and carrots.

Starter 5 Entree 8

Add grilled chicken 5

The Cobb Salad

Layers of diced tomato, green onion, diced chicken, avocado, boiled egg, crumbled Bleu cheese and bacon on a bed of crisp mixed greens. 15

Sandwiches

Tuna or Egg Salad

Served with mayonnaise and crisp lettuce 5

Roast Beef, Ham, or Turkey

Served with mayonnaise, mustard, lettuce, tomato and cheese 6

Side of fries or mixed greens 2

Burgers

Served with mixed greens, French fries, or soup of the day.

Ironwood Burger

6 oz beef burger with sharp cheddar, tomatoes, onion, ketchup, mustard, relish and pickles 11

Duff Burger

2 - 6 oz beef burger with cheddar and mozzarella cheese, bacon, sauteed onion and mushrooms. 15

California Chicken Burger

grilled chicken breast with tomatoes, avocado, lettuce and mayo. 13

Entrees

Served with mixed greens, French fries or soup of the day. Substitute sweet potato fries, Caesar salad or onion rings for \$2

Buffalo Chicken Wrap

Crispy chicken tenders tossed in hot sauce, wrapped in a flour tortilla with marbled cheese, lettuce and cool ranch dressing 12

Classic Clubhouse

Triple decker sandwich with turkey, bacon, lettuce, tomato, cheddar cheese and mayonnaise. 12

Chicken Tenders

4 pieces of battered white chicken breast. Served with plum sauce. 13

Steak Sandwich

8 oz Sirloin Steak served over garlic toasted baguette. 15

Braised Beef Dip

Slowly braised beef, caramelized onion, horseradish aioli on a toasted baguette with au jus. 13

Smoked Meat Reuben

Marble rye topped with Dijon mustard, shaved Montreal smoked meat, sauerkraut and Swiss cheese. 13

Pulled Pork Wrap

BBQ pulled pork with coleslaw, served in a warm flour tortilla 13

Rice Bowl

Broccoli, carrots, onion and peppers on a bed of steamed rice.
Served with your choice of Ginger Beef, Sweet Chili Chicken or Teriyaki Chicken 13

Snacks

Nachos

Tri coloured corn tortilla chips, marbled cheddar, onions, olives, jalapenos and tomatoes. Served with fresh salsa and sour cream

Twosome 12 Foursome 18

Ground beef 5 Diced chicken 5 Guacamole 4

Sweet Potato Fries with Aioli 8

Chicken Wings (12)

Breaded in flour, served with carrots, celery and ranch for dipping.

Sauces: Mild, Hot, Teriyaki, Honey Garlic.

Dry Rubs: Siriracha, Salt & Pepper, Lemon Pepper, Maple

Bacon, Mango Habenero 13

Sweet Chili Chicken Bites

Crispy chicken bites tossed in a spicy and sweet chili sauce served on a bed of crispy tortilla strips, topped with matchstick carrots and cool diced cucumber. 12

Blackened Chicken Quesadilla

Cajun style chicken, peppers, onions, jalapenos, cheese in a grilled tortilla. 12

Onion Rings

Panko coated onion rings 8